

Shekinah Grow: Information Sheet

How to access Grow

We are not currently funded as a support provider. We are funded to offer accessible sessions, workshops, and courses to the wider community.

We will not be requesting or processing referrals. Accessing sessions, workshops, and courses will initially be facilitated directly through the staff team at Grow. However, in the autumn all bookings, and payments will be made electronically. We are currently looking at various systems to find the one to suit our needs.

Access to Grow and the opportunities available:

'Work Groups' – These groups will offer free access to the site in a labour exchange approach. The groups will be allocated tasks for the benefit of the Shekinah Grow Community. The work groups will be allocated tasks from site maintenance such as grass cutting, cleaning, building lincays and shelters, hedgerows and boundaries, and much more! Spaces will be limited. Those attending the work groups will be expected to bring a packed lunch as we are no longer able to offer a free lunch at Grow.

'Workshops & Sessions' – There will now be a cost to attend our workshops and sessions. A rough guide to prices will range from £5 - £30, depending on the activity. We are incredibly excited to begin to develop a structured programme of workshops and sessions over the coming months. We will be offering a range of 'taster' sessions from Forest Bathing, whittling, floristry, horticulture, stone painting, bush craft, and mindfulness.

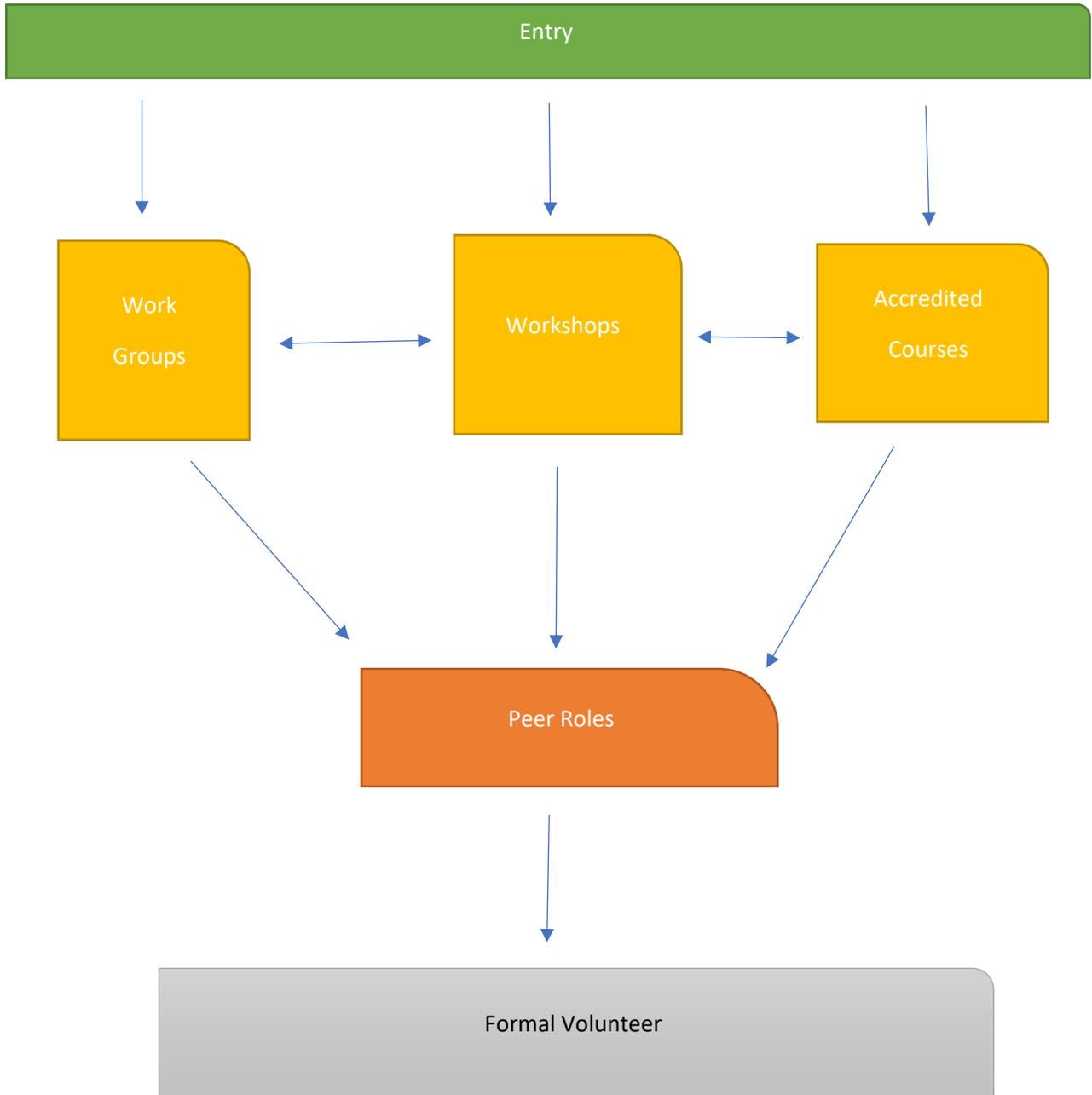
'Accredited Courses' – We will be offering accredited courses in the coming months. We will be including popular accreditations in horticulture, woodland products and crafts, establishing and maintaining hedgerows. We will also be welcoming Forest School to Shekinah Grow, enabling us to welcome children and families. Pricing for the accredited courses will be dependent on the course level.

Pathways through the Grow structure:

'Peer Roles' - There is potential for individuals to progress through the Grow Pathway. Those attending a course or workshop, may wish to benefit and contribute by coming onto a work group. Progression through these activities could lead into the 'Peer Roles' available. Peer roles will provide low level mentoring, available to motivate, and support individuals whilst at the project.

'Formal Volunteer' - From peer roles, it may be possible to progress to formal volunteer. Formal volunteers will assist where required across the project, it could be assisting with a workshop or session, supervising work groups, helping out with any practical tasks that need doing. There is some potential to access training as a formal volunteer, maybe even the Adult Training and Assessor Award Level 3, enabling the individual to come along and run courses and workshops, offering even greater opportunity at Shekinah Grow.

Shekinah Grow: Access & Pathways



Sample Timetable at Grow:

	Monday	Tuesday	Wednesday	Thursday	Friday
Am: 09.30 - 12.30	Work Group	Workshop: Fire Making	Work Group	Practical Horticulture Level 1	Workshop: Spoon Whittling
Pm 13.00 – 16.00	Work Group	Session: Stone Painting	Work Group	Practical Horticulture Level 1	Session: Just Be

Rental Zones:



We will be having zones available to rent to groups, businesses and services. These could be utilised for socially distanced team meetings, 1-2-1's, support groups/sessions. Rental area costings are for a minimum of 3 hours eg 9.00-12.00, and 13.00-16.00 at £35 for 3 hours. This enables us to clean and sanitise areas between bookings if required. The current available areas for rental are: Log Cabin, Fire Pit, LC fire pit. Over the next 12 months we hope to build more open barns on site to offer us greater scope for activities and rental areas.

Raised Beds Rental:

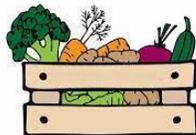
We are releasing 10 raised beds for rental to services and groups. This initiative enables services to have some flexibility in accessing the site. For example, 1 support worker could attend any number of times throughout the day with different clients to work on their raised bed. Rented raised beds can be access during office hours only.



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Costings for the raised bed rental is £10.00 per week, minimum term 12 weeks. This includes access to watering, use of tools, toilet facilities, and of course, expert guidance on growing from the Shekinah Grow Team. Due to recent restrictions, it's late in the growing season to start from seed, so we have nurtured and germinated a selection of seeds to plants, which can be purchased at a very reasonable cost to help you get a start and enjoy the produce of your hard work this year.

Our Produce:



We have structured a growing plan for this year centered around creating vegetable boxes for sale. We have made beautiful, handcrafted boxes made with sustainably sourced wood which can be purchased and used time and time again.

We anticipate that we can offer two size boxes for retail, small box at £5, and large at £10. We are hoping to secure a couple of collection points in town for ease. We will offer an update with the finer details of how to order, pay, and collect.